Learning Styles

Before reading the article, I would have said that learning styles have a major effect on how we learn, and by knowing your specific learning styles, one has the potential to learn and study more efficiently and effectively. While I do think that applying various learning styles are beneficial, at least for me, I wouldn’t say they’re the most optimal way to retain information. I say this mainly because I’ve never felt that any learning style really helped me to retain information. This makes me think that, like the article stated, learning has more to do with studying periods and working to have a deeper understanding of the material. Not by memorizing flash cards and rereading the same pages over again.